

RITE NOW @ ROP



At Meadowlark Academy, learning and practicing life skills is an essential part of our program. Over the past couple of weeks we have held culinary courses for our students in preparation for their transition back into the community. The students prepared ribs, cornish hens, chicken thighs, potatoes, couscous, and bacon wrapped green beans, while exploring culinary careers, the importance of nutrition, and the role that positive pro-social activities have when transitioning back into the community. Not only did the Student Athletes enjoy the delicious food they made, but more importantly, the experience of cooking their own meals.
